

Services and Fees 2018

Every effort is made to keep our price list up to date. However please contact our reception team to discuss your specific requirements. In many cases an initial consultation is required in order to advise the likely cost of a treatment programme.

Biomechanics and Musculoskeletal health

Service	Clinician or therapist	Appointment Type	Fee
Acupuncture/ Electro acupuncture (medical acupuncture or 'dry needling')	Jennifer Disney	30 minutes	£45
Chiropractic	Dr Stefaan Vossen	New patient consultation and assessment	£245
		New patient consult and assessment PROFESSIONAL SPORT	£325
	Dr Marie Vossen	Thereafter treatment visit from	£59
		Professional sport treatment visit from	£118
		New patient consult and assessment	£130
Treatment visit	£42.5		
DIERS Posture Assessments	Various therapists and clinicians	30 mins	£49
Massage Therapy	Jenny Disney, Rob Butler, Donato Del Vecchio, Lenka Freharova, Jack Hinks	60 minutes	£65
	<i>Sport, trigger point / deep tissue, therapeutic, swedish, aromatherapy</i> Jenny Disney, Rob Butler, Donato Del Vecchio, Freharova, Jack Hinks	30 minutes	£40
Intergated Therapy	<i>Bowen Technique</i> Jennifer Disney, David Brown	30 minutes	£45
	<i>Indian Head Massage</i> David Brown, Lenka Freharova	30 minutes	£40
Sports Therapy	Jennifer Disney, Rob Butler, Jack Hinks	Initial assessment	£69
		Follow up	£45
IDD Disc Therapy (Warwick)	Various therapists and clinicians	Price per session (a course of 10 to 12 usually required)	£87.5
Physiotherapy	Neil Simms	Initial assessment	£75
		Treatment visit	£45
Personal Training	Rob Butler (Head of PT)	One to one, or two people training together	£40
		Receive a 10% discount when booking a block of 8 sessions	£288
Body Composition Coaching	Rob Butler	Initial assessment, report of findings and one follow up	£150
		Follow ups thereafter	£50
Strength & Conditioning/ Rehabilitation	Rob Butler, Jack Hinks	60 minutes	£55
		Receive a 10% discount when booking a block of 8 sessions	£396
Occlusion Therapy	Francesca Luraghi (Como)	Splint therapy	c.1670 euro (paid directly)
	Rob Morgan (Space Healthcare, Leamington Spa)	Occlusion Consultation	£120 (paid directly)
		Occlusion Therapy	Costs discussed in consultation

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Occupational Therapy	David Brown	OT consultations and treatments	From £80
Shockwave & Prolotherapy	Stuart Brown / David Brown	30 minutes	£75
	Stuart Brown / David Brown	60 minutes	£120
Movement Repatterning/ Deep Tissue Stretching	David Brown	60 minutes	£65
Running Assessment	Stuart Brown / David Brown	60 minutes	£65
Biomechanical Podiatry	Stuart Brown	Initial consultation or review (30 mins)	£75
		Full biomechanics assessment (60 mins)	£150
Custom orthotics		<i>Custom orthotics: first pair includes prescription charge & Scan of foot</i>	£240
		Additional pairs	£190
		Alterations within 3 months	Free of charge
		Orthotics refurbishment	From £45
Offsite Treatment (Solihull)			
Laser Treatments	Stuart Brown	Fungal Nail assessment and treatments	From £465
		Verrucae assessment and treatments	From £95
Nail Surgery	Stuart Brown	Nail surgery (ingrown toenails)	Fro £190

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Mental Health

Service	Clinician or therapist	Appointment Type	Fee
Psychology	Brett Morrissey	Consultation or treatment session	£130
	Dr Claire Parkes (weight loss specialist)	Initial consultation 75 min	£120
		60 min follow ups	£100
		30 min follow ups	£50
		Weight loss groups first 3 months / subsequent months	£50 / £20
	Dr John Baker	Initial assessments	£150
		Psychological therapy (hour session)	£120
	Dr Nikki Mills (Child and young person psychology)	Initial assessments	£150
		Psychological therapy (hour session)	£120
		ASD assessments	POA please enquire

Midwife services: breastfeeding support

Suzanne Barber	Assessment and infant feeding support	£75
	Assessment and division of tongue tie	£150
	Follow up consultation	£50
	Home visits by arrangement	

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Clinical Aesthetics

Service	Clinician or therapist	Appointment Type	Fee
Aesthetic Doctor	Dr Max Malik of Elate Health	Consultation for clinical aesthetics, aesthetic dermatology or hair restoration <i>*Consultation fee is deducted from cost of any treatment undertaken</i>	*£100
		Consultation for clinical dermatology	£150.00
	Anti wrinkle injections (Botulinum Toxin)	1 area / 2 areas / 3 areas	From £200/250/300
	Hyperhidrosis	Consultation and treatment	From £650
	Dermal fillers and combination treatments	Single area (lips, nose to mouth lines, mouth to chin lines, cheeks etc.)	From £450
		Peri oral reshaping and rejuvenation (lips, are above and below, e.g. smokers lines, areas to sides and above chin)	From £600
		Peri orbital rejuvenation. Eye rejuvenation including teargrooves, palpebromlar groove, lateral eyes and eyebrow lift. Includes anti-wrinkle and highly specialised fillers	From £1200
		Combination treatment incorporating advanced anti-wrinkle and filler techniques includes: Temples, cheeks, mid-face and lower zones, full eye area, jawline / jowels, chin	From £1500
	The '8 point liquid facelift'		From £1500
	Silhouette Soft Thread Facelift		From £1500
	PDO Threads Face and Neck lift		From £1500
	Aqualyx fat dissolving injections	For stubborn fatty areas e.g. love handles, double chin, bingo wings, buffalo hump, thighs	From £250 per area per session
	Chemical peels (Obagi Blue Radiance)	Course of 3 recommended	From £250
	Platelet Rich Plasma 'Dracula' Facelift		From £400
	Platelet Rich Plasma 'Dracula' Face and Hair lift		From £750
	New Skin Respray		From £3000
	Aesthetic Dermatology Treatment	Courses lasting 1 to 12 months onwards, average 3-6 months	From £1500-£3000
Advanced Medical Electrolysis	For blemish removal e.g. warts, skin tags, moles, milia, age spots, veins	£200 per session	
Nose and skull base consultation	Mr Ahmed		
	Hair restoration	See above for consultation and PRP. Transplants start at	From £4000
	Non Surgical nose Augmentation	Consultation	£150.00
	Treatment	From £800	